## SUICIDE - TAKING ON THE LAST TABOO

JOIN THE RIPPLE EFFECT



## SUICIDE IS KILLING US.

Every farmer knows someone who has taken their life. Every friend and family has lived with the collateral damage.

The ripple effect of that loss tears apart the fabric of family and community.

## BUT YOU CAN HELP CHANGE THAT!

If we are going to turn back the tide of suicide on farms we need to know what people on farms are thinking. We need to know what you are thinking.

We want you to sign up for an anonymous survey – if you are aged over 18 please help us help you and your community.

It does not take much time and can be done where and when it suits you. But we need people from every state and territory to sign up.

The survey results will enable planners, researchers and government to fully realise the extent of the problem – and start developing ways to address it.

But it begins with you and signing up for our survey.

SIGN NOW AND HELP SAVE A LIFE - MAYBE EVEN YOUR LIFE.

## WHAT CAN 1 DO?

- Log on www.rippleeffect.com.au
- Register, then participate tell your story, hear farmers' stories
- Talk to anyone about the Ripple Effect
- Share on Facebook
- Distribute Ripple Effect flyers through your rural networks

Contact Alison on (03) 5551 8587 for more information.



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